

1 **Frass fertilizers from mass-reared insects: species variation, heat treatment effects, and**
2 **implications for soil application**

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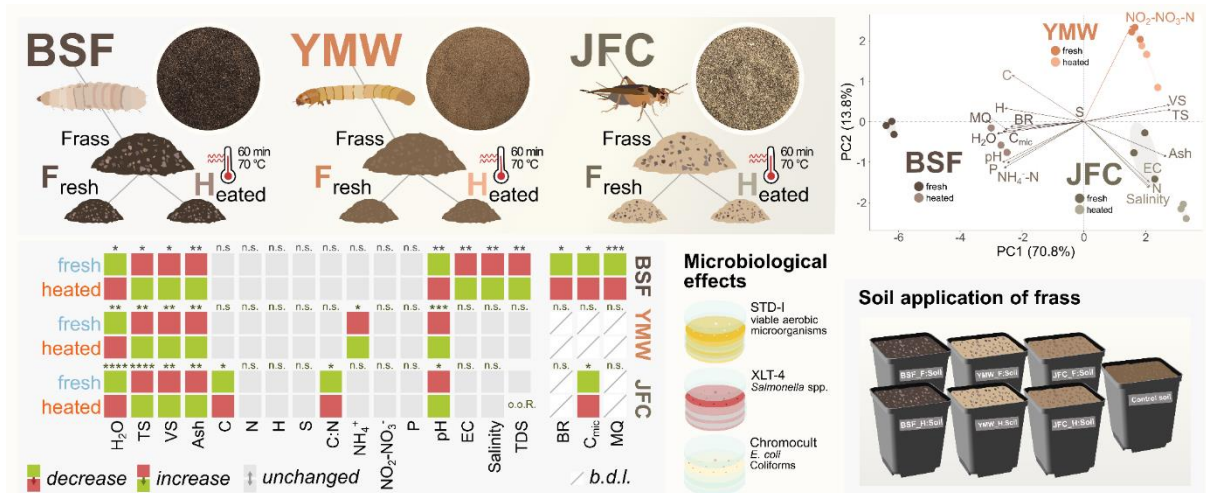
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17 **Abstract**

18 Insect farming has gained popularity as a resource-efficient and eco-friendly method of managing
19 organic wastes by converting them into high-quality protein, fat, and frass. Insect frass is a powerful
20 organic fertilizer, enriching the soil with essential plant nutrients and enhancing plant defense
21 mechanisms through chitin stimulation. Given the importance of frass commercialization for many insect
22 farmers and the use of increasingly diverse organic wastes as insect feedstock, the need for legal
23 guidelines to enable clean production practices has emerged. The recent introduction of a legal definition
24 for frass and heat treatment requirements by the EU commission marks a significant step towards
25 standardizing its quality. However, frass composition is influenced by numerous factors, and little is
26 known about the processes shaping its nutritional profiles and contributing to its maturation. Here, we
27 analyzed the physicochemical, plant-nutritional, and microbiological properties of black soldier fly, yellow
28 mealworm, and Jamaican field cricket frass from mass-rearing operations and assessed the impact of
29 hygienizing heat treatment. Frass properties varied significantly across insect species, revealing
30 concentrations of plant available nutrients reaching as high as 7000 µg NH₄⁺, 150 µg NO₂-NO₃--N, and
31 20 mg P per g of total solids. Heat treatment affected microbial activity by reducing basal respiration and
32 microbial biomass carbon, but also reducing viable counts of pathogenic *E. coli* and *Salmonella* sp. In
33 terms of microbiome composition, alpha diversity showed no significant differences between fresh and
34 heat-treated frass samples within each insect species, but significant distinctions were observed across
35 the three insect species. The soil application of frass reactivated and boosted soil microbial activity,
36 suggesting no long-term detrimental effects on microorganisms. These results further highlight the
37 potential of insect frass as nutrient rich organic fertilizer, with promising benefits for soil health and
38 nutrient cycling.



Graphical abstract. Physicochemical and microbiological assessment of frass from black soldier fly (BSF), yellow mealworm (YMW), and Jamaican field cricket (JFC) and the impact of heat treatment. TS = total solids, VS = volatile solids, TDS = total dissolved solids, BR = basal respiration, C_{mic} = microbial biomass carbon, MQ = metabolic quotient. n.s.: $p > 0.05$, *: $p \leq 0.05$, **: $p \leq 0.01$, ***: $p \leq 0.001$, ****: $p \leq 0.0001$, o.o.R. = out of range, b.d.l. = below detection limit.

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40 **Keywords:** waste valorization, circular economy, sustainable agriculture, insect biotechnology,

41 compost, microbial respiration

42 1. Introduction

43 Large-scale insect farming has emerged as a promising means to address prevalent socio-ecological
44 problems. Compared to traditional livestock, it requires less land and water, yet achieves higher
45 reproduction and conversion rates while generating lower greenhouse gas emissions (van Huis and
46 Oonincx, 2017). Furthermore, it could play a pivotal role in promoting a circular economy by transforming
47 organic waste (e.g., food wastes and manure) into valuable protein and fat, thereby minimizing resource
48 consumption and establishing an efficient loop within the food and feed production system (Cadinu et
49 al., 2020; Walter et al., 2020). Among the vast range of edible insects (Jongema, 2017), species such
50 as the black soldier fly (BSF; *Hermetia illucens*, Linnaeus 1758), the yellow mealworm (YMW; *Tenebrio*
51 *molitor*, Linnaeus, 1758), and Jamaican field cricket (JFC; *Gryllus assimilis*; Fabricius, 1775) have
52 become popular among insect farmers in Western countries (Wilkie, 2018). Their popularity is primarily
53 owed to their ability to efficiently convert organic matter and their beneficial nutritional content (Huis,
54 2013). While insect products for human consumption are still viewed as niche products that often evoke
55 aversion in potential consumers, insects as feed for aquaculture, poultry, and pigs are more readily
56 accepted (Verbeke et al., 2015).

57 Insect farming primarily focuses on protein and fat production, but it also inevitably generates rearing
58 residues that may significantly contribute to the profitability of a farm (Niyonsaba et al., 2021). These
59 residues include excrements, exuviae, undigested substrates, and dead insects and represent the main
60 side stream of the process (Klammsteiner et al., 2020a). This so-called insect frass has been shown to
61 have wide-ranging beneficial effects on plants and is mainly sold as organic fertilizer (Ferruzca-Campos
62 et al., 2023; Houben et al., 2020; Menino et al., 2021). Depending on the farmed species and the
63 substrate used to grow the insects, the general composition of frass can be highly diverse. However, its
64 fertilizing effect is associated with the high content of organic carbon, nitrogen, and phosphorus that are
65 comparable to other organic fertilizers (Beesigamukama et al., 2022). In addition, the chitin contained
66 in shed skins or dead insects has been shown to improve plant immune responses and stress tolerance
67 by simulating contact with potential pest insects (Barragán-Fonseca et al., 2022).

68 Microorganisms introduced into the frass, primarily via insect feces, play a crucial role in enhancing
69 decomposition processes (Houben et al., 2020; Klammsteiner et al., 2020b). These microbes may also
70 contribute to making the frass more similar to the gut microbiome of the insects (Gold et al., 2020).
71 However, farmed insect species are generally selected for their rapid development, aiming to shorten
72 rearing cycles. On average it takes approx. 20 days for BSF larvae (Heussler et al., 2022), 67 days for
73 YMW larvae (Rumbos et al., 2021), or 60 days for JFC (Kulma et al., 2022) to reach a harvest-ready
74 stage. Consequently, their rapid growth and constant supply of fresh feed leaves limited time for
75 microbes and insects to effectively modify the accumulated frass, resulting in a comparatively immature
76 compost (Beesigamukama et al., 2022). The larvae of the BSF, a commonly used insect species in
77 waste management (Liu et al., 2022), naturally aggregate in high densities to improve feeding efficiency
78 and are known to generate temperatures of up to 50 °C when reared at large scale (Shishkov et al.,
79 2019; Ushakova et al., 2018). Although such elevated temperatures may even induce stress responses
80 in insects, they are not comparable to the temperature profiles of traditional composting methods and
81 are therefore insufficient for the microbiological stabilization of the frass (Insam et al., 2023). The
82 composting process typically induces one or more temperature peaks and drastically increases

83 temperatures within compost heaps to 70 °C and higher, thus, naturally hygienizing the composted
84 material (Zhou et al., 2022). This temperature rise ensures the elimination of potentially harmful
85 pathogens and weed seeds, promoting the microbiological maturation of the compost and producing a
86 stable end product.

87 To increase product safety and reduce potential health hazards from pathogens in insect products, the
88 EU commission has established a detailed definition for insect frass, categorizing it in the same group
89 with processed animal manure. This regulation introduces first hygienic standards for insect frass,
90 requiring farmers to heat-treat frass at temperatures of 70 °C for at least 60 min (Regulation (EU)
91 2021/1925, 2021). Although this mandatory pretreatment should ensure pathogen removal, it may also
92 inhibit microbial activity beneficial to the frass' nutrient content and alter its value as soil fertilizer. So far,
93 only one study has investigated the effect of heat treatment on the frass of black soldier fly larvae and
94 found that it was successful in reducing Enterobacteriaceae, *Salmonella*, and *Clostridium perfringens*
95 below the detection limit (Van Looveren et al., 2022). However, total viable counts only decreased by 1-
96 log and bacterial endospores were unaffected. With the rapid expansion of the insect farming sector and
97 the value of commercializing rearing residues, a thorough assessment of risks and opportunities
98 becomes imperative.

99 In this study, we conducted a comprehensive characterization and comparison of physicochemical and
100 microbiological features of frass from three widely farmed insect species (BSF, YMW, JFC). To explore
101 the effects of hygienization, we subjected the frass to heat treatment following legislative guidelines. By
102 using 16S rRNA gene amplicon sequencing, we evaluated differences in bacterial communities between
103 insect species and before and after heat treatment. Furthermore, we assessed how this hygienization
104 process influences the frass's suitability as an organic soil amendment by conducting a soil incubation
105 trial and screening the frass-amended soils thereafter.

106 **2. Materials and Methods**

107 **2.1. Origin and pretreatment of the frass**

108 Fresh, untreated frass from BSF (Figure 1A), YMW (Figure 1B), and JFC (Figure 1C) was obtained from
109 commercial insect farmers in Austria (BSF and YMW) and Croatia (JFC). Upon arrival, the frass was
110 stored at -20 °C and, prior to its use, gently thawed over 24 h at 4 °C. For the heat treatment, the frass
111 was evenly spread out on large glass petri dishes at a layer height of approx. 1 cm and incubated at 70
112 °C for 1 h in a preheated drying cabinet (Memmert, Schwabach, Germany). Following this procedure,
113 the heat-treated frass was transferred into paper bags and left to cool down to room temperature before
114 further use.

115 **2.2. Physicochemical parameters**

116 **2.2.1. Water, total solids, volatile solids, and ash content**

117 Water and total solids (TS) content were determined gravimetrically by calculating the loss in mass
118 before and after drying the samples (n = 3) at 105 °C for 24 h in a drying cabinet (UN110, Memmert,
119 Schwabach, Germany). To determine the volatile solids (VS) and ash content, the TS fraction was finely
120 ground using a pestle and mortar and incinerated in a muffle furnace (CWF 1000, Carbolite, Neuhausen,
121 Germany) at 550 °C for 5 h (n = 3). The loss in mass was interpreted as VS fraction, while the residues
122 were considered as the ash content.

123 **2.2.2. pH, electrical conductivity, and salinity**

124 Samples (n = 4) were weighted into 50 mL plastic falcon tubes, mixed with a. deion. in a ratio of 1:12.5
125 (w/v), and incubated at room temperature overnight before measurement. A 774 pH Meter (Metrohm,
126 Herisau, Switzerland) was used to measure pH in the diluted samples. Electrical conductivity (EC),
127 salinity, and total dissolved solids (TDS) were measured in the same samples using a LF330/SET
128 conductivity electrode (WTW, Weilheim in Oberbayern, Germany).

129 **2.2.3. Elemental analysis (CHNS)**

130 Part of the dried biomass resulting from TS determination was ground and sent to the Department of
131 Waste and Resource Management (TU Wien, Vienna, Austria) for elemental analysis. The CHNS
132 content was determined using a Vario MACRO elemental analyzer (Elementar, Langenselbold,
133 Germany). Ca. 15 mg of sample material wrapped in a tin capsule was combusted at 1150 °C and the
134 resulting combustion gas was separated through an adsorption column reducing NO_x to Cu and
135 subsequently N₂. Sequential desorption was induced by heating the absorption column and gasses
136 were measured by a thermal conductivity detector. He 5.0 was used as a carrier gas.

137 **2.2.4. Plant-available ammonium, nitrate and phosphorus content**

138 Plant-available ammonium (NH₄⁺-N; µg g⁻¹ TS), nitrate (NO₂-NO₃-N; µg g⁻¹ TS) were determined based
139 on a modified Berthelot and cadmium reduction method, respectively, after shaking 2 g frass or 7.5 g
140 soil:frass mixture in 30 mL KCl [1 M] for 1 h at 120 rpm. Plant-available phosphorus (ortho-phosphate,
141 µg g⁻¹ TS) was determined by applying the Olsen method and shaking 0.4 g frass or 2 g soil:frass mixture
142 in 40 ML LiCl [0.4 M] for 16 h at 150 rpm. All extracts from frass and soil:frass mixtures were filtered
143 (Macherey & Nagel 615¼, 150 mm filter paper) and analyzed for the respective nutrient content with a
144 Continuous Flow Analyzer (CFA, Skalar, Netherlands).

145 **2.3. Microbiological parameters**

146 **2.3.1. Basal respiration and microbial biomass**

147 Basic soil respiration and substrate-induced respiration (SIR) (for the calculation of microbial biomass)
148 were determined on an EGA61-Soil respiration Device (ADC BioScientific, UK). Frass and soil:frass
149 mixtures were filled into acrylic glass tubes, closed with polystyrene foam pads and aerated with a
150 continuous stream of ambient air (humidified and tempered to 22 °C). The CO₂ released from the
151 samples was recorded for 6 h with an infrared gas analyzer (IRGA) to calculate the basic soil respiration
152 (BR [µg CO₂ g⁻¹ TS h⁻¹]). Afterwards, glucose (1%, w/w dry weight) was added to the samples, and the
153 CO₂ release was further recorded for 12 h (substrate-induced respiration method). The maximum CO₂
154 release was used to calculate the microbial biomass (C_{mic} [µg C g⁻¹ TS]) according to Anderson and
155 Domsch (1978). The metabolic quotient (MQ) was calculated as the quotient of basic soil respiration
156 (BR) and microbial biomass (C_{mic}).

157 **2.3.2. Microbial counts**

158 Standard I nutrient agar was prepared from 15 g peptone, 3 g yeast extract, 6 g NaCl, 1 g glucose, 12
159 g agar, and adjusted to a pH of 7.5 ± 0.2 using HCl [0.5 M] to determine the total plate count of viable
160 aerobic bacteria. Chromocult® TBX (Tryptone Bile X-glucuronide) agar (Merck, Darmstadt, Germany)
161 and XLT4 agar (Merck, Darmstadt, Germany) prepared according to the manufacturer's instructions
162 were used to detect and quantify *E. coli* and *Salmonella* sp. For the dilution series, 1 g sample biomass

163 was sequentially diluted in sterile Ringer's solution (Merck, Darmstadt, Germany) up to a dilution level
164 of 10^{-8} . After selecting three appropriate levels of dilution for each type of medium, 50 μL of the resulting
165 dilutions were plated onto the respective agar plates. All plates were incubated at 37 °C and inspected
166 after 24 and 48 h for the quantification of CFUs and detection of pathogens.

167 **2.3.3. DNA extraction and marker gene sequencing for bacterial and fungal communities**

168 DNA was extracted from 150 (BSF), 200 (YMW), and 300 mg (JFC) of both fresh and treated frass ($n =$
169 3) using the NucleoSpin Soil Kit (Macherey-Nagel, Düren, Germany) and following the manufacturer's
170 protocol. Lysis buffer SL2 was used for the cell lysis step and washed extracts were eluted in MN elution
171 buffer. DNA yield and purity was assessed via UV-vis spectrophotometry using a NanoDrop 2000c
172 device (Thermo Fisher Scientific, Waltham, MA, USA). All samples passing quality control were sent for
173 16S rRNA gene amplicon sequencing. Sequencing was carried out on the NovaSeq6000 platform
174 (Illumina, San Diego, CA, USA) following a 2×250 bp approach and using the primer pair 515f (5'-
175 GTGCCAGCMGCCGCGGTAA-3') and 806r (5'-GGACTACHVGGGTWTCTAAT-3') to target the V4
176 region on the 16S rRNA gene. Raw reads were processed using dada2 v.1.26.0 (Callahan et al., 2016)
177 and classified into amplicon sequence variants (ASVs) following the latest standard operating procedure
178 (<https://benjineb.github.io/dada2/tutorial.html>). Briefly, adapter- and primer-free reads were truncated at
179 a length of 200 bp based on the inspected quality profiles, and any reads containing Ns were discarded.
180 After learning the error rates and sample inference using the default settings, paired-end reads were
181 merged to construct the sequence table. Chimeras were removed using the removeBimeraDenovo()
182 command by applying the "consensus" method. Taxonomy was assigned to the ASVs based on the
183 SILVA trainset version 138.1 (Quast et al., 2013). ASVs consisting of less than three reads and not
184 detected in at least 10% of the samples were removed from the data.

185 **2.4. Soil incubation trial**

186 Soil was collected from nearby agricultural land (47°15'47.6"N 11°20'24.0"E) and stored at 4 °C
187 overnight. To remove any plant residues and stones, the soil was passed through a 4 mm sieve and its
188 physicochemical properties were determined (Table 1).

189 **Table 1.** Physicochemical properties of the soil used to prepare the soil:frass mixtures. Values indicate mean \pm
190 standard deviation ($n = 3$).

Measured parameter	Values
Water content [%]	24.4 \pm 0.2
Total solids [%]	75.6 \pm 0.2
Volatile solids [%]	6.0 \pm 0.1
Ash [%]	69.7 \pm 0.2
C [%]	4.8 \pm 0.3
N [%]	0.3 \pm 0.0
C:N ratio	15.9 \pm 2.1
pH	7.17 \pm 0.11
EC [$\mu\text{S cm}^{-1}$]	76 \pm 4
Salinity	0 \pm 0
TDS [mg L^{-1}]	30.3 \pm 2.0

191 The soil:frass mixtures were prepared following the recommended dosage for each type of fresh frass.
192 For the heat-treated frass, the amounts were adjusted to match the total solids content of the untreated
193 frass, as indicated in Table 2. For each replicate ($n = 4$), 200 g of sieved soil were thoroughly mixed with

194 frass in the recommended ratio in a plastic bucket. The mixtures were transferred into nursery pots for
195 plants ($\varnothing_{\text{top}} = 90$ mm, $\varnothing_{\text{bottom}} = 60$ mm, $h = 80$ mm), evenly moistened with deionized water using a spray
196 bottle and loosely covered with cling foil. Incubation of the pots was conducted in a shaded greenhouse
197 for 14 days with conditions set to 20 °C and 70% relative humidity. The loss of water due to evaporation
198 was monitored continuously by weighing the pots on a portable scale (KF6000A, G&G, Kaarst,
199 Germany) and adjusting the water content by spraying the soil surface of the pots with a. deion. (Figure
200 S1).

201 **Table 2.** Mixing ratios of fresh, untreated and heat-treated frass from industrially farmed black soldier fly (BSF),
202 yellow mealworm (YMW), and Jamaican field cricket (JFC). The dosage for heat-treated frass was adapted based
203 on the content of total solids in fresh frass.

	BSF frass		YMW frass		JFC frass	
	Fresh	Heated	Fresh	Heated	Fresh	Heated
Recommended dosage [%]	2-3		10-15		10-15	
Total solids [%]	57.4 ± 3.3	69.5 ± 1.0	87.9 ± 0.1	91.6 ± 0.4	85.4 ± 0.2	91.9 ± 0.2
Frass per volume soil [%]	2.7	2.2	12.5	12	12.5	11.6

204 2.5. Statistics and data analysis

205 All statistical calculations and visualizations were carried out in R v.4.1.2 (R Core Team, 2021). To
206 assess differences in the physicochemical composition of sample groups, analysis of variance (ANOVA)
207 was calculated using the `aov()` function from the R 'stats' package. For overall pairwise comparisons,
208 Tukey's Honestly Significant Difference (TukeyHSD) posthoc test was calculated using the `glht()`
209 function in the 'multcomp' package (Hothorn et al., 2008), and summaries for statistical similarities and
210 differences were generated using the `multcompleters4()` function in the 'multcompView' package
211 (Graves et al., 2019). Principal component analysis (PCA) was performed on the normalized data of
212 physicochemical parameters (TS, H₂O, VS, ash, pH, EC, salinity, C, H, N, S, NH₄⁺-N, NO₂-NO₃-N, P,
213 BR, MQ, and C_{mic}) using the `prcomp()` function in the R 'stats' package. The PCA results were visualized
214 using the `fviz_pca_biplot()` function in the R 'factoextra' package (Kassambara and Mundt, 2020).
215 Differences in alpha diversity were calculated via ANOVA and pairwise Wilcoxon Rank Sum Test using
216 the `pairwise.wilcox.test()` function with Bonferroni correction from the 'stats' package. Beta diversity was
217 calculated and visualized via principal coordinates analysis (PCoA) using the `amp_ordinate()` function
218 in 'ampvis2' (Andersen et al., 2018). Linear discriminant analysis of effect size (LEfSe) for the
219 identification of biomarkers in microbial community data was calculated using the `run_lefse()` function
220 from the 'microbiomeMarker' package (Yang, 2021). To test differences between groups of samples,
221 permutational multivariate analysis of variance (PERMANOVA) based on Bray-Curtis dissimilarity
222 matrices was calculated using the `adonis2()` function in the 'vegan' package (Oksanen et al., 2020).

223 3. Results

224 The aim of this study was to characterize the physicochemical and microbiological properties of frass
225 samples obtained from three industrially exploited insect species (Figure 1), and to emphasize the key
226 points of differentiation among them. Given the increasing concerns about the safety of utilizing
227 untreated rearing residues from insect farming as agricultural fertilizer, we further examined the effects
228 of heat treatment at 70 °C for 1 h on the physicochemical and microbiological characteristics of the frass.
229 To achieve these results, we employed a combination of chemical nutrient analyses, microbiological
230 cultivation techniques, and biomolecular sequencing methods. In addition, we conducted a two-week
231 incubation trial in a greenhouse to assess how the supplementation of fresh and heat-treated frass
232 affects nutrient content and microbial activity in soil.

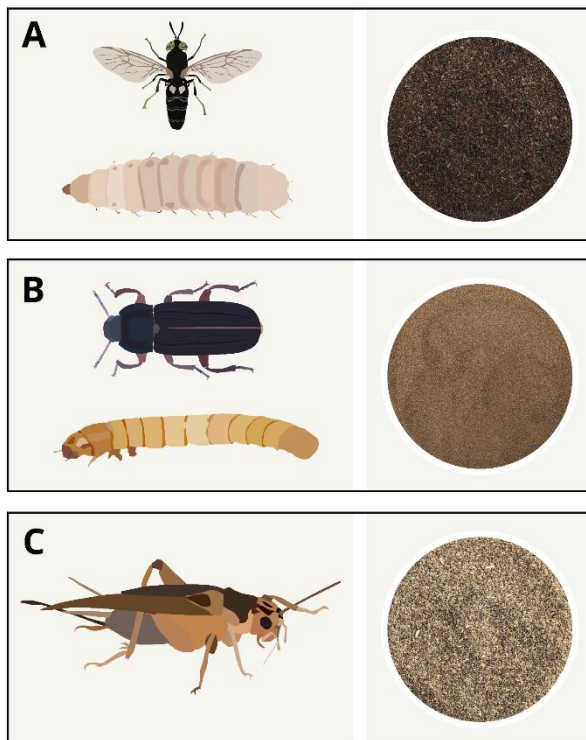


Figure 1. Three insect species that are approved in the EU for food and feed applications, and also serve as frass producers. **A.** Black soldier fly (*Hermetia illucens*; Linnaeus, 1758) adult, larva, and its frass **B.** Yellow mealworm (*Tenebrio Molitor*; Linnaeus, 1758) adult, larva, and its frass **C.** Jamaican field cricket (*Gryllus assimilis*; Fabricius, 1775) adult and its frass. The photos of frass represent the actual material used in this study.

233 3.1. Physicochemical characterization of fresh and heat-treated frass

234 The frass samples significantly varied in their general composition, with the primary differentiating factor
235 being the insect species of origin, as highlighted by the first two principal components of the PCA that
236 explained 85% of the variance in the data (Figure 2A). The heat treatment had a comparably minor
237 impact on the distribution of the samples, as they showed minimal divergence from their corresponding
238 fresh counterparts upon pairwise comparison of the respective groups (Figure 2B). A detailed analysis
239 of the physicochemical drivers is shown in Table 3. The fresh frass samples represented the condition
240 in which the untreated material is sold by the producers (Figure 1A-C); however, they significantly varied
241 in their water content. While BSF frass was comparatively humid with a water content of 43%, the other
242 two types of frass ranged between 12 and 15%. The heat treatment significantly reduced the water
243 content in BSF frass by 12%, while YMW and JFC lost approx. 4-7%. Accordingly, BSF frass exhibited
244 the lowest total solids (TS) content at 57%, resulting in a 28% and 31% reduction compared to JFC and
245 YMW, respectively. Comparable patterns applied to the relationship between volatile solids (VS) and
246 ash content.

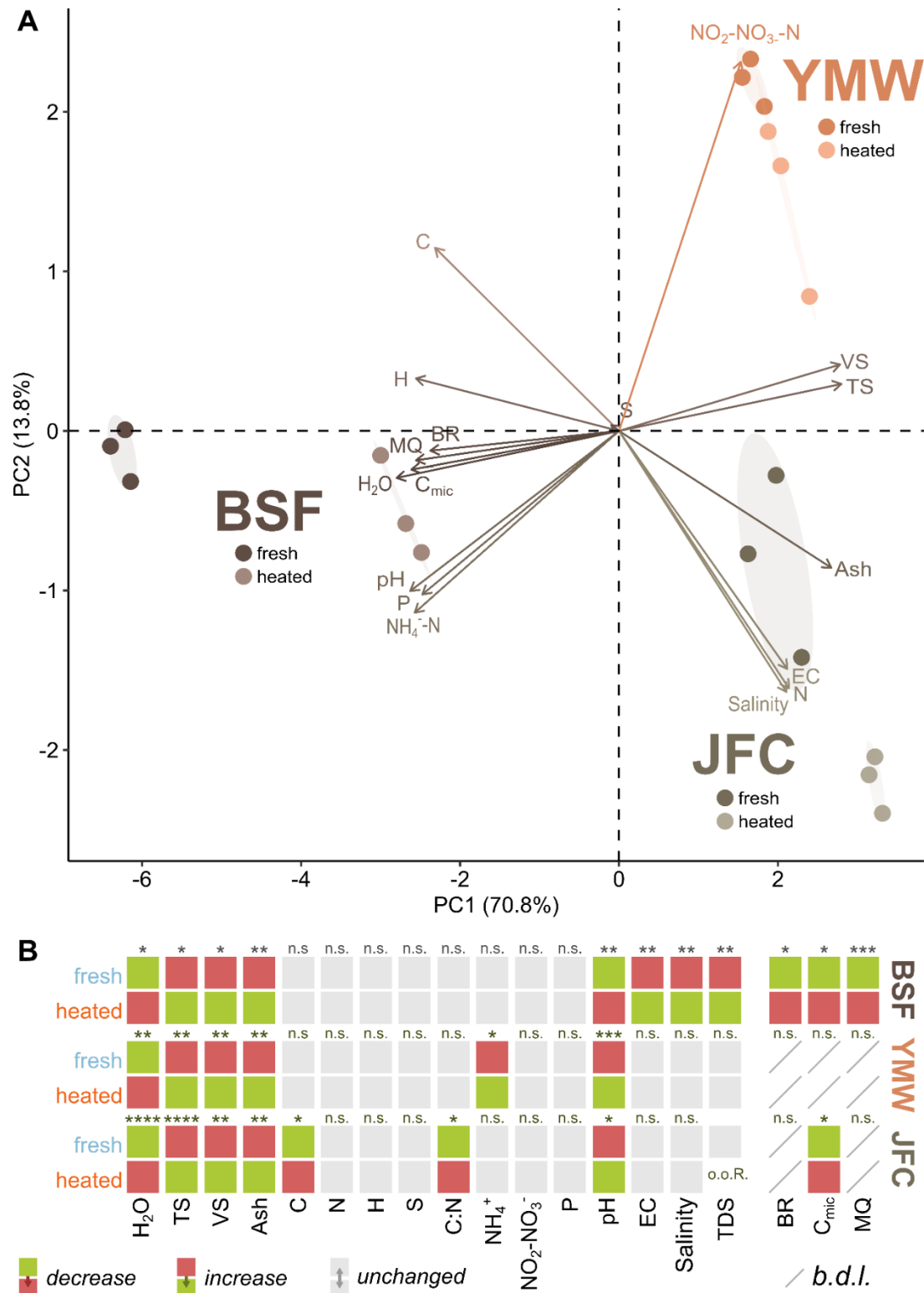


Figure 2. A. Principal component analysis of physicochemical and microbiological parameters measured in fresh and heat-treated frass samples of black soldier fly (BSF), yellow mealworm (YMW), and Jamaican field cricket (JFC) ($n = 3$). **B.** Heatmap showing results of pairwise t-tests for fresh and heat-treated frass samples. TS = total solids, VS = volatile solids, TDS = total dissolved solids, BR = basal respiration, C_{mic} = microbial biomass carbon, MQ = metabolic quotient. n.s.: $p > 0.05$, *: $p \leq 0.05$, **: $p \leq 0.01$, ***: $p \leq 0.001$, ****: $p \leq 0.0001$, o.o.R. = out of range, b.d.l. = below detection limit.

248 The elemental analysis revealed no significant differences in the relative content of C, H, and S among
249 the three types of frass both before and after heat treatment. However, decisive differences in the N
250 content were observed, with JFC frass containing up to twice as much N compared to the others,
251 significantly shifting its C:N ratio to 6-7 as opposed to ca. 15 in BSF and 11 in YMW frass.
252 Fresh BSF frass demonstrated the highest $\text{NH}_4^+\text{-N}$ content, reaching nearly $7000 \mu\text{g g}^{-1}$ TS. Notably, it
253 was also the only type of frass, where the $\text{NH}_4^+\text{-N}$ content was significantly reduced following heat
254 treatment. YMW samples stood out with levels of $\text{NO}_2\text{-NO}_3\text{-N}$ that were 3-7 times higher than in JFC
255 samples and 50-55 times higher than in BSF, thereby contributing to the distinctiveness of this particular
256 type of frass. Generally, $\text{NO}_2\text{-NO}_3\text{-N}$ concentrations were not affected by heat treatment, except for
257 JFC samples where it led to a 2.7-fold decrease from an average of 52 to $19 \mu\text{g g}^{-1}$ TS (Table 3). With
258 more than 20 mg g^{-1} TS, plant-available P in BSF frass samples exceeded the concentrations of the
259 other two types of frass by far; furthermore, the plant-available P content remained unaffected by heat
260 treatment across all samples.
261 The fresh frass pH ranged between 6.2 and 7.7, and after heat treatment, it slightly decreased in BSF,
262 slightly increased in YMW, and remained unchanged in JFC frass. Electrical conductivity (EC) slightly
263 increased in all samples after heat treatment, but remained between 4.6 and 5.1. As measurements of
264 salinity and total dissolved solids are functions of EC, they followed the same patterns.

265 **3.2. Microbiological characterization of fresh and heat-treated frass**

266 Notable microbial activity was mainly observed in fresh BSF frass, and the application of heat treatment
267 significantly reduced this activity (Table 4). In these samples, BR declined by a factor of 23 after heating
268 and reduced the C_{mic} to a third. In turn, the MQ as a function of C_{mic} and BR dropped from ca. 30 to 5
269 $\mu\text{g CO}_2\text{-C h}^{-1}$ per $\mu\text{g}^{-1} C_{\text{mic}}$ after the treatment. Although significantly lower amounts of C_{mic} were
270 quantified in fresh JFC frass, no BR was measured in these samples. Consequently, no microbial
271 activity, as indicated by the MQ, could be observed. Microbial activity was detected in neither fresh nor
272 heat-treated frass of YMW.

273 Only in BSF frass, counts of colony forming units (CFUs) of aerobically cultivable bacteria were
274 significantly reduced from $1.3 \cdot 10^9$ to $3.8 \cdot 10^8$ after heat treatment (Figure 3, Supplementary Table 1). No
275 meaningful reduction was observed in YMW and JFC frass. CFUs of *E. coli* were found in neither fresh
276 nor heat-treated samples from any of the three insect species. However, *Salmonella* sp. was detected
277 in fresh JFC frass, with comparably low CFU counts of $1.7 \cdot 10^3$, which were reduced to beneath the
278 detection limit after heat treatment.

279 **Table 3.** Physicochemical parameters (mean \pm standard deviation) before and after treating the frass at 70 °C for 1 h. Statistical differences were calculated via analysis of
 280 variance (ANOVA) followed by Tukey HSD posthoc tests for pairwise comparison of sample groups (n = 4). o.o.R. = out of range, n.s. = not significant.

	BSF frass		YMW frass		JFC frass		F-value
	Fresh	Heated	Fresh	Heated	Fresh	Heated	
Water content [%]	42.6 \pm 3.3 ^a	30.5 \pm 1 ^b	12.1 \pm 0.1 ^{cd}	8.4 \pm 0.4 ^{de}	14.6 \pm 0.2 ^c	8.1 \pm 0.2 ^e	F=292.322***
Total solids [%]	57.4 \pm 3.3 ^e	69.5 \pm 1 ^d	87.9 \pm 0.1 ^{bc}	91.6 \pm 0.4 ^{ab}	85.4 \pm 0.2 ^c	91.9 \pm 0.2 ^a	F=292.322***
Volatile solids [%]	50.4 \pm 3.1 ^d	61.2 \pm 0.9 ^c	78.7 \pm 0.1 ^{ab}	82 \pm 0.4 ^a	75.6 \pm 0.1 ^b	80.8 \pm 0.4 ^a	F=281.043***
Ash [%]	7.0 \pm 0.3 ^e	8.4 \pm 0.1 ^d	9.2 \pm 0 ^c	9.6 \pm 0 ^{bc}	9.9 \pm 0.2 ^b	11.1 \pm 0.2 ^a	F=223.27***
C [%]	42.8 \pm 0.3 ^a	42.8 \pm 0.3 ^a	42.1 \pm 0.1 ^b	42.0 \pm 0.1 ^b	41.3 \pm 0.2 ^c	40.8 \pm 0.3 ^d	F=73.365***
H [%]	5.90 \pm 0.05 ^a	5.83 \pm 0.02 ^a	5.55 \pm 0.07 ^{bc}	5.60 \pm 0.03 ^b	5.50 \pm 0.07 ^{cd}	5.45 \pm 0.03 ^d	F=66.872***
N [%]	2.84 \pm 0.05 ^d	2.80 \pm 0.14 ^d	3.84 \pm 0.03 ^c	3.85 \pm 0.03 ^c	6.07 \pm 0.15 ^b	6.41 \pm 0.20 ^a	F=853.835***
S [%]	0.92 \pm 0.17	0.77 \pm 0.01	0.92 \pm 0.17	0.78 \pm 0.01	0.98 \pm 0.18	0.88 \pm 0.01	n.s.
C:N ratio	15.1 \pm 0.4 ^a	15.3 \pm 0.8 ^a	11.0 \pm 0.1 ^b	10.9 \pm 0.1 ^b	6.8 \pm 0.2 ^c	6.4 \pm 0.2 ^c	F=462.91***
NH ₄ ⁺ -N [μ g g ⁻¹ TS]	6989 \pm 372 ^a	5877 \pm 90 ^b	848 \pm 8 ^c	916 \pm 16 ^c	2599 \pm 44 ^d	2549 \pm 41 ^d	F=791.633***
NO ₂ -NO ₃ -N [μ g g ⁻¹ TS]	2.95 \pm 0.95 ^c	2.61 \pm 0.40 ^c	153.28 \pm 13.23 ^a	145.74 \pm 7.55 ^a	51.74 \pm 24.12 ^b	18.83 \pm 1.97 ^c	F=106.992***
P _{plant available} [mg g ⁻¹ TS]	20.34 \pm 1.56 ^a	20.86 \pm 0.55 ^a	10.16 \pm 0.14 ^c	10.95 \pm 0.30 ^{bc}	12.73 \pm 1.20 ^b	12.91 \pm 0.98 ^b	F=76.587***
pH	7.66 \pm 0.07 ^a	7.34 \pm 0.01 ^b	6.24 \pm 0.02 ^e	6.39 \pm 0.03 ^d	6.57 \pm 0.02 ^c	6.62 \pm 0.01 ^c	F=740.976***
EC [mS cm ⁻¹]	4.13 \pm 0.11 ^d	4.55 \pm 0.06 ^{bc}	4.43 \pm 0.04 ^c	4.66 \pm 0.16 ^{bc}	4.82 \pm 0.26 ^a	5.09 \pm 0.01 ^{ab}	F=12.026***
Salinity	2.1 \pm 0.08 ^d	2.38 \pm 0.05 ^{bc}	2.3 \pm 0 ^c	2.43 \pm 0.13 ^{bc}	2.5 \pm 0.14 ^b	2.7 \pm 0 ^a	F=10.989***
TDS [mg L ⁻¹]	1647 \pm 42 ^c	1816 \pm 24 ^{ab}	1767 \pm 16 ^b	1863 \pm 66 ^{ab}	1881 \pm 57 ^a	o.o.R.	F=16.99***

281

282 **Table 4.** Microbiological parameters (mean \pm standard deviation) before and after treating the frass at 70 °C for 1 h. Statistical differences were calculated via analysis of variance
 283 (ANOVA) followed by Tukey HSD posthoc tests for pairwise comparison of sample groups (n = 4). b.d.l. = below detection limit.

	BSF frass		YMW frass		JFC frass		F-value
	Fresh	Heated	Fresh	Heated	Fresh	Heated	
BR [μ g CO ₂ g ⁻¹ TS frass h ⁻¹]	318.3 \pm 64.1 ^a	13.8 \pm 1.8 ^b	b.d.l. ^b	b.d.l. ^b	b.d.l. ^b	b.d.l. ^b	F=72.673***
C _{mic} [μ g CO ₂ g ⁻¹ TS frass]	10,626 \pm 2662 ^a	3064 \pm 682 ^b	b.d.l. ^b	b.d.l. ^b	203 \pm 49 ^b	b.d.l. ^b	F=42.958***
MQ [μ g CO ₂ -C h ⁻¹ / μ g ⁻¹ C _{mic}]	30.19 \pm 1.46 ^a	4.56 \pm 0.38 ^b	b.d.l. ^c	b.d.l. ^c	b.d.l. ^c	b.d.l. ^c	F=1159.012***

284

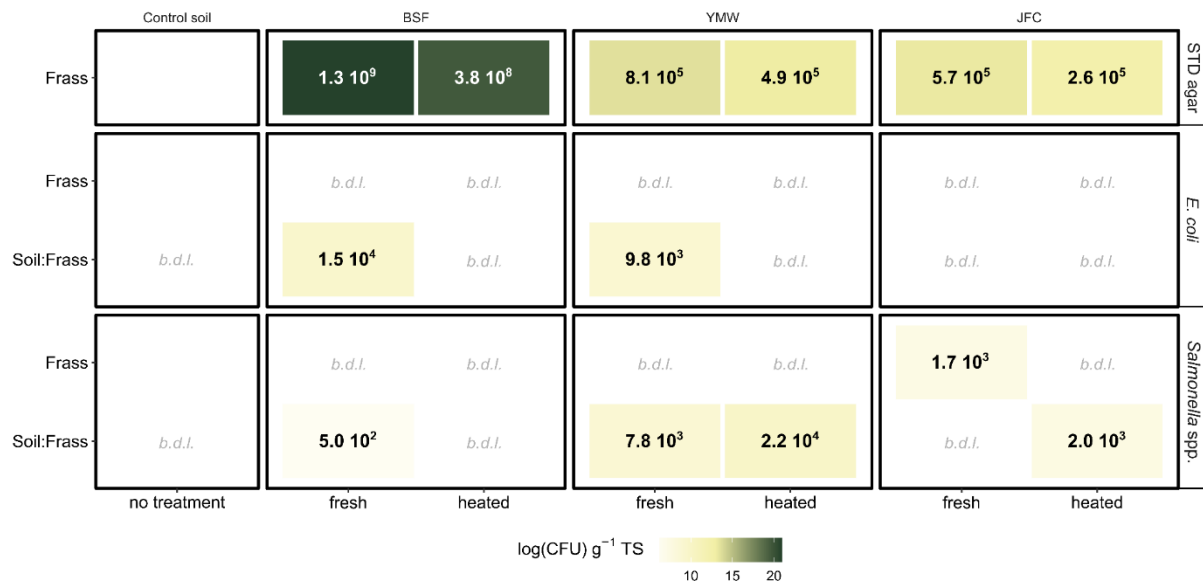


Figure 3. Average counts of colony forming units (CFUs) g⁻¹ TS frass and soil:frass on Standard I (STD), TBX ChromoCult™ (for the detection of *E. coli*), and XLT4 (for the detection of *Salmonella* spp.) medium after 48 h of incubation (n = 3) under fresh and heated conditions. Counts have been log-transformed for the gradient fill scale. Total viable counts of aerobic microorganisms (STD agar) were only assessed for frass samples. b.d.l. = below detection limit.

285 3.3. Analysis of frass microbial communities

286 An average of 137,110 ± 4633 raw reads were obtained from amplicon sequencing of frass DNA
 287 extracts. After sequence preprocessing, the read count was reduced to 125,474 ± 6322 merged reads
 288 per sample for subsequent data analysis. Alpha diversity, as measured by observed species (Figure
 289 4A) and the Shannon-Wiener index (Figure 4B), showed no significant differences between fresh and
 290 heated frass samples within each insect species, as confirmed by the Wilcoxon rank sum test. However,
 291 the frass samples, whether fresh or heated, significantly differed across the three insect species in terms
 292 of observed species (fresh: $F_{2,6} = 31.9$, $p < 0.001$; heated: $F_{2,6} = 118$, $p < 0.001$) and Shannon-Wiener
 293 diversity index (fresh: $F_{2,6} = 43.7$, $p < 0.001$; heated: $F_{2,6} = 90.1$, $p < 0.001$). The TukeyHSD test
 294 demonstrated a significant difference ($p < 0.05$) between JFC and BSF only after heating, but not under
 295 fresh conditions. This distinction was evident in both the observed species and the Shannon-Wiener
 296 diversity index.

297 The differences in the frass' microbiome composition among the three insect species were further
 298 illustrated by the diverging insect species-specific patterns in the relative abundances of the top 25
 299 bacterial genera (Figure C) and the distance between sample aggregates visualized by the PCoA
 300 (Figure 4D). PERMANOVA validated the presence of significant differences among the frass
 301 microbiomes of the three insect species, both in their fresh state ($F_{2,6} = 51.82$, $p < 0.01$) or after heat
 302 treatment ($F_{2,6} = 51.82$, $p < 0.01$). The most dominant genera for BSF, JFC, and YWM frass were
 303 *Pseudomonas*, *Parabacteroides*, and *Lactococcus*, respectively.

304 Little overlaps were found in biomarker genera characterizing fresh and heat-treated samples of BSF
 305 (Figure 4E), YMW (Figure 4F), and JFC (Figure 4G). Most differentially abundant genera explaining the
 306 divergence in microbiome composition between fresh and heated frass were found in JFC samples.
 307 Only two genera (*Blautia* sp. and *Dorea* sp.) characteristic for heat-treated JFC frass were also found in

308 heat-treated YMW samples. The least characteristic genera were found for BSF samples. Bacterial
 309 genera explaining the overall differences in frass microbiomes among the three insect species are
 310 reported in Supplementary Figure 2.

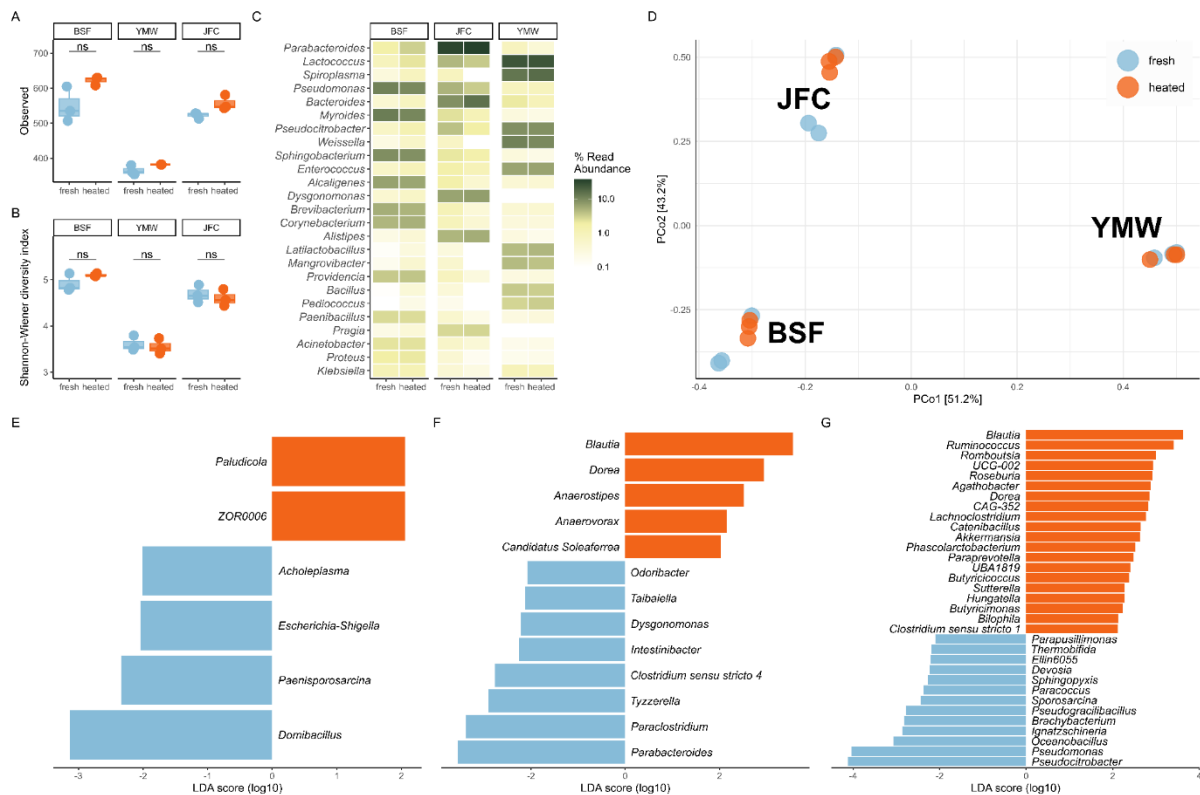


Figure 4. Analysis of microbial communities in fresh (blue) and heat-treated (orange) frass samples of black soldier fly (BSF), yellow mealworm (YMW), and Jamaican field cricket (JFC) (n = 3). Alpha diversity explained by (A) observed species and (B) Shannon-Wiener diversity index. C. The 25 most abundant genera based on relative abundance. ASVs without classification to the genus level were removed from the list. D. Principal coordinates analysis (PCoA) showing the species- and treatment-derived (dis)similarity between samples based on Bray-Curtis dissimilarity. Differentially abundant bacterial genera in BSF (E), YMW (F), and JFC (G) samples as determined via linear discriminant analysis of effect size (LEfSe).

311 3.4. Physicochemical characterization of frass-supplemented soils and control soils

312 To assess the effect of frass supplementation on the soil, the soil:frass mixtures were analyzed after a
 313 two-week greenhouse incubation period and compared both to each other and to the control soil.
 314 Throughout the incubation, the soil moisture within the pots decreased by max. 25%. To maintain
 315 consistency, the soil moisture was continuously adjusted back to its initial value (Supplementary Figure
 316 1). Consequently, at the end of the incubation period, the water content and TS in the frass-treated soil
 317 samples were comparable to the control soil (Table 5).

318 With around 6%, the VS content in the control soil was ca. 1% lower than in soils treated with BSF frass
 319 and 3-5% lower than in soils treated with JFC and YMW frass, respectively. The supplementation of
 320 YMW and JFC frass resulted in a significant increase in the soil's C and N content by up to 2.8% and
 321 0.3%, respectively, leading to a decrease in the C:N ratio from 15.5 to a minimum of 11.8 in soil treated
 322 with fresh JFC frass.

323 Although $\text{NH}_4^+\text{-N}$ concentrations were initially highest in samples of fresh and heated BSF frass (Table
324 3), they exhibited the lowest levels in soils supplemented with BSF frass, given the recommended
325 dosage used. The JFC frass application (12.5% fresh or 11.6% heated, w/w) resulted in the highest soil
326 $\text{NH}_4^+\text{-N}$ concentration of $1723.9 \mu\text{g g}^{-1}$ TS and, thus, to an increase of 900% of the original soil
327 concentration after two weeks and a one-time amendment. YMW frass, having the highest $\text{NO}_2\text{-NO}_3\text{-N}$
328 content, increased the soil $\text{NO}_2\text{-NO}_3\text{-N}$ levels by ca. $350 \mu\text{g g}^{-1}$ TS compared to control soil. Plant-
329 available P reached on average 11 mg g^{-1} TS (YMW, JFC) and 20 mg g^{-1} TS in raw BSF frass. Taking
330 the concentration of the amended 2% (BSF), an average of 12% (YMW and JFC) and the original soil
331 concentration into account, resulting plant-available P concentrations ranged from 15, 64 to 38% of the
332 initially applied P in BSF, YMW, and JFC treatments, respectively. Thus, significantly higher levels of
333 available P in soils supplemented with YMW frass (789 and $862 \mu\text{g P g}^{-1}$ TS for fresh and heated frass,
334 respectively) were established compared to soils supplemented with BSF (72 and $65 \mu\text{g P g}^{-1}$ TS for
335 fresh and heated frass, respectively) and JFC frass (583 and $614 \mu\text{g P g}^{-1}$ TS for fresh and heated frass,
336 respectively). The ratios of plant-available N ($\text{NH}_4^+\text{-N}$ and $\text{NO}_2\text{-NO}_3\text{-N}$) to P (N:P) in the frass-amended
337 soils reached 1.4 (YMW), 2.9 (JFC), and 3.6 (BSF). While YMW and JFC frass led to a slight increase
338 in soil pH to 8.6 after treatment, the addition of BSF frass caused a slight decrease in pH from 8.0 to
339 7.5. EC and TDS increased in all frass-treated soils, with maxima of $1201 \mu\text{S cm}^{-1}$ and 480 mg L^{-1}
340 measured after the supplementation of heat-treated JFC frass.

341 **3.5. Microbiological characterization of frass-supplemented soils and control soils**

342 In contrast to the microbial activity observed in fresh and heat-treated BSF frass, its application to the
343 soil did not lead to significant promotion of BR and C_{mic} . As a result, the MQ in the treated soil was
344 slightly lower compared to the control (Table 6). However, the supplementation of YMW and JFC frass
345 led to a significantly higher soil microbial activity. While BR was comparable in soils supplemented with
346 both fresh and heat-treated YMW and JFC frass, the C_{mic} was remarkably higher in soils mixed with
347 fresh and heat-treated YMW frass. The comparable BR rates but lower C_{mic} in soils containing JFC frass,
348 in turn, resulted in higher MQ values.

349 Although no colonies identified as *E. coli* were detected in any of the raw frass samples, abundances of
350 $1.5 \cdot 10^4$ and $9.8 \cdot 10^3$ CFUs g^{-1} TS soil of *E. coli* were found in soils mixed with fresh BSF and YMW frass,
351 respectively (Figure 3). Neither the control soil nor the soils supplemented with JFC frass showed any
352 growth of *E. coli*. Initially, *Salmonella* sp. was exclusively detected in fresh JFC frass and not in any
353 other frass samples. However, following the two-week soil incubation period, *Salmonella* sp. was found
354 in soils mixed with fresh BSF, fresh or heat-treated YMW, and heat-treated JFC in numbers ranging
355 between $5.0 \cdot 10^2$ to $2.2 \cdot 10^4$ CFUs g^{-1} soil_{TS}. No *Salmonella* sp. was detected in the control soil.

356 **Table 5.** Physicochemical parameters (mean \pm standard deviation) measured in the control soil and the soil:frass mixtures after two-week incubation in a greenhouse at 20 °C. Statistical
 357 differences were calculated via analysis of variance (ANOVA) followed by Tukey HSD posthoc tests for pairwise comparison of sample groups (n = 4). b.d.l. = below detection limit.

	Control soil	Soil:Frass (BSF)		Soil:Frass (YMW)		Soil:Frass (JFC)		<i>F-value</i>
		Fresh	Heated	Fresh	Heated	Fresh	Heated	
Water content [%]	24.8 \pm 0.4 ^c	25.0 \pm 0.4 ^{bc}	24.3 \pm 0.2 ^c	26.2 \pm 0.4 ^a	26.1 \pm 0.4 ^a	26.1 \pm 0.8 ^{ab}	24.2 \pm 0.4 ^c	<i>F</i> =15.33***
Total solids [%]	75.24 \pm 0.35 ^a	74.97 \pm 0.44 ^{ab}	75.73 \pm 0.21 ^a	73.8 \pm 0.4 ^c	73.9 \pm 0.4 ^c	73.9 \pm 0.8 ^{bc}	75.8 \pm 0.4 ^a	<i>F</i> =15.33***
Volatile solids [%]	6.23 \pm 0.13 ^e	7.14 \pm 0.32 ^d	7.07 \pm 0.15 ^d	11.09 \pm 0.25 ^a	10.97 \pm 0.49 ^{ab}	10.21 \pm 0.36 ^b	9.19 \pm 0.56 ^c	<i>F</i> =128.081***
Ash [%]	69.0 \pm 0.4 ^a	67.8 \pm 0.5 ^{ab}	68.7 \pm 0.4 ^a	62.7 \pm 0.3 ^c	62.9 \pm 0.8 ^c	63.7 \pm 1.0 ^c	66.6 \pm 0.5 ^b	<i>F</i> =88.858***
C [%]	4.80 \pm 0.27 ^b	5.55 \pm 0.29 ^b	5.51 \pm 0.16 ^b	7.59 \pm 0.54 ^a	7.43 \pm 0.3 ^a	7.19 \pm 0.23 ^a	7.46 \pm 0.63 ^a	<i>F</i> =37.84***
N [%]	0.31 \pm 0.02 ^b	0.38 \pm 0.01 ^b	0.38 \pm 0.01 ^b	0.59 \pm 0.04 ^a	0.59 \pm 0.02 ^a	0.61 \pm 0.04 ^a	0.63 \pm 0.05 ^a	<i>F</i> =69.761***
C:N ratio	15.5 \pm 2.0 ^a	14.6 \pm 0.8 ^{ab}	14.5 \pm 0.7 ^{ab}	12.9 \pm 0.8 ^{bc}	12.5 \pm 0.2 ^{bc}	11.8 \pm 1.0 ^c	11.9 \pm 0.6 ^c	<i>F</i> =8.585***
NH ₄ -N [μ g g ⁻¹ TS]	1.9 \pm 0.4 ^c	12.4 \pm 1.8 ^c	12.6 \pm 0.6 ^c	821.3 \pm 41.8 ^b	788.6 \pm 41.4 ^b	1690.5 \pm 37.4 ^a	1757.3 \pm 73.2 ^a	<i>F</i> =1619.117***
NO ₂ -N + NO ₃ -N [μ g g ⁻¹ TS]	34.1 \pm 4.5 ^c	243.3 \pm 38.1 ^b	231.8 \pm 15.7 ^b	386.7 \pm 15.7 ^a	377.2 \pm 41.2 ^a	8.9 \pm 0.8 ^c	4.9 \pm 1.2 ^c	<i>F</i> =215.528***
P _{plant available} [μ g g ⁻¹ TS]	9.0 \pm 0.2 ^c	72.1 \pm 21.3 ^c	64.7 \pm 9.9 ^c	788.6 \pm 66.5 ^a	861.6 \pm 40.1 ^a	583.2 \pm 49.0 ^b	613.5 \pm 69.1 ^b	<i>F</i> =275.029***
pH	8.06 \pm 0.05 ^c	7.62 \pm 0.03 ^d	7.56 \pm 0.01 ^d	8.18 \pm 0.1 ^{bc}	8.26 \pm 0.03 ^b	8.59 \pm 0.08 ^a	8.54 \pm 0.05 ^a	<i>F</i> =189.352***
EC [μ S cm ⁻¹]	84.1 \pm 4.2 ^d	225.3 \pm 36.3 ^c	222.5 \pm 10.3 ^{cd}	882.3 \pm 45.1 ^b	820.8 \pm 50.6 ^b	1099.3 \pm 113.5 ^a	1201.0 \pm 84.7 ^a	<i>F</i> =227.595***
Salinity	b.d.l. ^c	b.d.l. ^c	b.d.l. ^c	0.2 \pm 0 ^b	0.18 \pm 0.05 ^b	0.33 \pm 0.05 ^a	0.38 \pm 0.05 ^a	<i>F</i> =94.444***
TDS [mg L ⁻¹]	33.8 \pm 1.7 ^c	89.8 \pm 14.2 ^c	89.0 \pm 4.6 ^c	353.0 \pm 18.1 ^b	328.3 \pm 19.9 ^b	440.3 \pm 45.5 ^a	480.0 \pm 33.7 ^a	<i>F</i> =228.644***

358
 359 **Table 6.** Microbiological parameters (mean \pm standard deviation) before and after treating the frass at 70 °C for 1 hour. Statistical differences were calculated via analysis of variance
 360 (ANOVA) followed by Tukey HSD posthoc tests for pairwise comparison of sample groups (n = 4).

	Control soil	Soil:Frass (BSF)		Soil:Frass (YMW)		Soil:Frass (JFC)		<i>F-value</i>
		Fresh	Heated	Fresh	Heated	Fresh	Heated	
BR [μ g CO ₂ g ⁻¹ TS soil h ⁻¹]	6.1 \pm 0.5 ^c	8.5 \pm 1.2 ^c	7.5 \pm 1.2 ^c	133.8 \pm 23.2 ^{ab}	117.7 \pm 14.6 ^b	118.9 \pm 9.6 ^b	149.7 \pm 16.5 ^a	<i>F</i> =110.656***
C _{mic} [μ g CO ₂ g ⁻¹ TS soil]	678 \pm 28 ^e	1178 \pm 275 ^e	1341 \pm 331 ^e	22,773 \pm 729 ^a	19,446 \pm 333 ^b	11,344 \pm 920 ^d	14,777 \pm 1110 ^c	<i>F</i> =829.536***
MQ [μ g CO ₂ -C h ⁻¹ / μ g ⁻¹ C _{mic}]	9.0 \pm 0.5 ^e	7.5 \pm 1.6 ^e	5.7 \pm 0.6 ^e	5.9 \pm 0.9 ^a	6.1 \pm 0.8 ^b	10.5 \pm 0.8 ^d	10.2 \pm 1.7 ^c	<i>F</i> =15.221***

361

362 4. Discussion

363 4.1. Frass exhibits multi-level variations depending on the insect species

364 The physicochemical and microbiological characterization of black soldier fly (BSF), yellow meal worm
365 (YMW), and Jamaican field cricket (JFC) frass has shown that the frass' properties are intrinsically
366 related to the insect species (Figure 2 and Table 3). This goes along with prior studies showing that the
367 differences in feed requirements and rearing conditions are reflected in the properties of the frass
368 (Beesigamukama et al., 2022). At the physicochemical level, significantly higher moisture content in
369 BSF frass can be explained by the faster development of the larvae compared to YMW and JFC which
370 typically take three times longer before reaching a harvest-ready stage, thus leaving less time for the
371 substrate to dry. The frass moisture content at the time of harvest emerges as a crucial parameter that
372 influences the separability of insects and rearing residues by sieving (Gärtling and Schulz, 2022).
373 Operators face the challenge of finely adjusting the initial substrate moisture to establish suitable
374 conditions throughout the rearing process while at the same time considering water loss through
375 evaporation, uptake from insects, and metabolization by microorganisms, as this affects the successive
376 processing steps.

377 At the microbiological level, fresh BSF frass stood out with significantly higher microbial activity along
378 with CFU counts of viable aerobic microorganisms that were up to four orders of magnitudes higher than
379 in fresh YMW and JFC frass. This disparity in microbial growth and metabolism is likely sustained by
380 the higher moisture content in BSF frass.

381 At the microbiome level, dominant genera did not overlap among insect species, underscoring that
382 different types of frass exhibit unique microbial signatures (Figure 4C).

383 4.2. Heat treatment has limited impact on frass nutrients but reduces microbial activity and 384 viable counts of pathogenic microbes

385 The primary rationale for heat-treating insect frass is to guarantee its safety by removing any potential
386 microbial pathogens present within these residues. Notably, in the EU, frass has recently been classified
387 in the same category as processed manure, thus requiring further treatment (Regulation (EU)
388 2021/1925, 2021). The selection of substrates authorized for insect rearing remains considerably
389 constrained when compared with the extensive range of organic wastes deemed suitable for this
390 purpose, but microbes residing in insect guts are inevitably transferred into the frass via excretion.
391 However, the prescribed heat treatment (70 °C for 1 h) seems to be appropriate to reduce the microbial
392 load beneath the detection limit of all tested frass types, which cover a broad range of species that are
393 currently mass-reared in Europe for feed and food purposes.

394 While heat treatment may be efficient in hygienizing frass from a microbiological perspective, the effect
395 of temperature on other potential pollutants in frass should be considered. Organic wastes suitable as
396 rearing substrate are prone to be contaminated with microplastics. While first studies suggest that the
397 development of farmed insects is not significantly affected by microplastics, these particles are excreted
398 in their original form after passing through the larvae's digestive tract and accumulate in the frass
399 (Heussler et al., 2023; Lievens et al., 2023). Temperatures exceeding 60 °C have been shown to melt
400 or clump specific microplastics, and temperatures nearing 100 °C might even lead to their elimination
401 (Munno et al., 2018). Nonetheless, the potential impacts on frass production are yet to be explored.

402 **4.3. Frass supplementation improves plant nutrient content and microbial activity in soils**

403 Frass, as the main byproduct of insect rearing processes, has the potential to be used as a soil improver
404 and plant fertilizer, by supplying soil particularly with nitrogen (N), phosphorus (P) and potassium (K)
405 (Fuertes-Mendizábal et al., 2023; Klammsteiner et al., 2020a). The recent EU regulation (Regulation
406 (EU) 2021/1925, 2021) foresees the heat treatment of frass to guarantee safety upon consumption of
407 crops and plants fertilized by frass. Nutrient conditions in soils amended with fresh and heat-treated
408 frass were significantly improved in both cases and heat treatment did not significantly alter the
409 improvement, irrespective of frass type. According to our knowledge, this is the first report of amended
410 frass after heat treatment to soil, demonstrating that the fertilizer capacity of frass stays unaltered after
411 one-time heating.

412 Generally, the nutrient load of the frass is comparable to other organic fertilizers, like compost
413 (Poletschny, 1994). Thus, fertilization with frass exhibits highly favorable attributes with regard to all
414 essential nutrients, including carbon (C), N, and P. In terms of C and N content, frass aligns with
415 concentrations established in other organic fertilizers (Poletschny, 1994). The utilization of frass is
416 scalable, and like other organic fertilizers, it has a sustainable impact on soil in contrast to mineral
417 fertilizers. This sustainability arises from the fact that nutrients are mobilized by microorganisms and/or
418 are incorporated into microbial biomass. This was particularly pronounced in the case of the N fractions,
419 where the average amendment of 12% (w/w) of YMW and JFC frass to soil led to a strong mineralization,
420 resulting in the transfer of a relevant fraction of total N into $\text{NH}_4^+\text{-N}$. Consequently, the soil:frass mixture
421 contained up to six times more $\text{NH}_4^+\text{-N}$ than the initial addition would correspond to. Similarly important
422 for plant nutrition, albeit less pronounced here, this was observed for available P as well. Particularly
423 promising is the high amount of plant-available P of all three frass types as, after nitrogen, P is the
424 second most limited nutrient and is not available for the plant despite abundant phosphorus reserves
425 (Illmer and Schinner, 1992).

426 In soil, phosphate is usually present as insoluble aluminum-, iron- and calcium phosphate (Kooijman et
427 al., 2002). Due to its insoluble form, P fertilizers are commonly used in agriculture to increase crop
428 productivity (Ros et al., 2020). In fact, the available P content in the frass exceeded concentrations by
429 approximately 4-fold when compared to typical total P levels found in organic fertilizers. This high
430 amount of P is also reflected in the available P that was present in the soil after fertilization. Two weeks
431 after a single application, P levels reached up to $860 \mu\text{g g}^{-1}$ TS weight, increasing soil phosphorus by
432 100-1000 times compared to the current control and available P in soils globally, respectively (McDowell
433 et al., 2023). The P fertilization associated with frass is consistently beneficial in all cases and supports
434 the replacement or reduction of chemical P fertilizers which is a major goal in sustainable agriculture.
435 Furthermore, the increased concentration of phosphorus established in the frass amended soils could
436 affect soil N pools and processes positively as well (Wang et al., 2022). Still, consideration should be
437 given to whether the elevated P levels are ecologically feasible.

438 Besides the added nutrients during the single frass application, the supplementation of frass boosted
439 soil microbial activity especially for YMW and JFC treatments. The lower performance of BSF frass can
440 be associated with the lower dosage recommended by the producers. The recommended high-dosage
441 applications of YMW and JFC refer to small-scale garden practices, thus, large-scale applications will
442 be lower as a linear up-scaling of the necessary amount of frass will lead to unfeasible amounts. The

443 nutrient support by frass amendment and the autochthonous microbes in the frass significantly
444 increased the microbial biomass in the soils in case of JFC and YMW frass. Despite the absence of
445 detectable physiologically active microbial biomass in the case of raw YMW and JFC frass, the addition
446 to the soil significantly boosted microbial activity and biomass which can be traced back to the
447 associated increase in water availability for the frass microbes and the high nutrient input, indicating that
448 not only did the frass provide nutrients, but it also benefited the soil's resident microbes. The heat-
449 treatment led to contrasting and frass-type specific effects, still providing very similar positive effects on
450 soil quality compared to untreated fresh frass.

451 **5. Conclusion**

452 Variations among frass samples were primarily attributed to the insect species, with minimal influence
453 from heat treatment. While BSF frass demonstrated the highest NH_4^+ -N concentrations, levels of NO_2^- -
454 NO_3^- -N were significantly elevated in YMW frass. Interestingly, BSF frass also exhibited the highest
455 content of plant-available P, even after heat-treatment, and it was the only frass type displaying microbial
456 activity that significantly decreased following heat treatment. Supplementing soil with frass led to distinct
457 shifts in soil properties, with YMW frass having the most wide ranging effects on nutrient concentrations.
458 Collectively, these findings provide substantial insights into the intricate interactions between insect
459 frass, heat treatment, and soil dynamics, with potential implications for sustainable agricultural practices.

460 **6. Data availability statement**

461 Raw NovaSeq6000 amplicon data were deposited into the European Nucleotide Archive (ENA) under
462 the accession number PRJEB61412 and are available at the following URL:
463 <https://www.ebi.ac.uk/ena/browser/view/PRJEB61412>.

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466 **8. Conflict of Interest**

467 The authors declare that the research was conducted in the absence of any commercial or financial
468 relationships that could be construed as a potential conflict of interest.

469 **9. Author contributions**

470 **Nadine Praeg:** Conceptualization, Methodology, Validation, Formal analysis, Investigation, Resources,
471 Writing - Original Draft, Writing - Review & Editing. **Thomas Klammeiner:** Conceptualization,
472 Methodology, Validation, Formal analysis, Investigation, Resources, Data Curation, Writing - Original
473 Draft, Writing - Review & Editing, Visualization, Supervision, Project administration, Funding acquisition.

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479

480 11. References

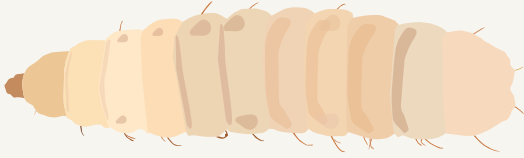
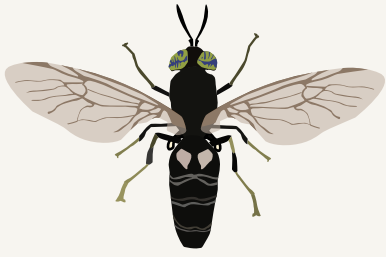
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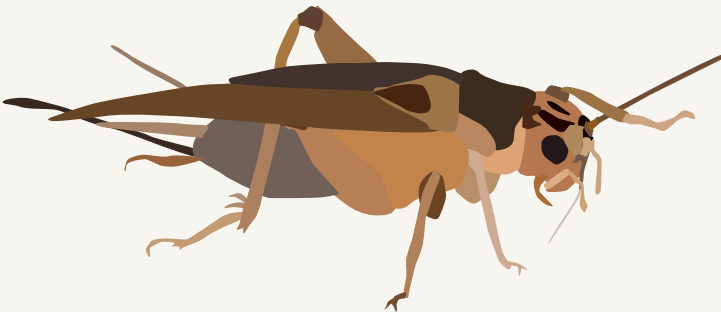
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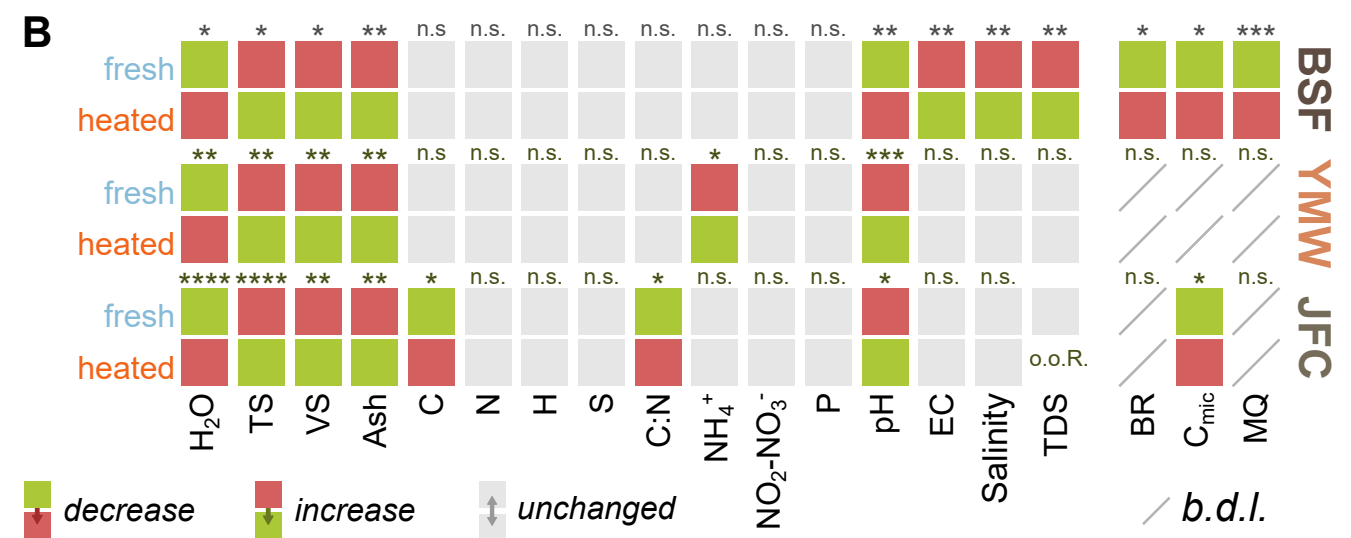
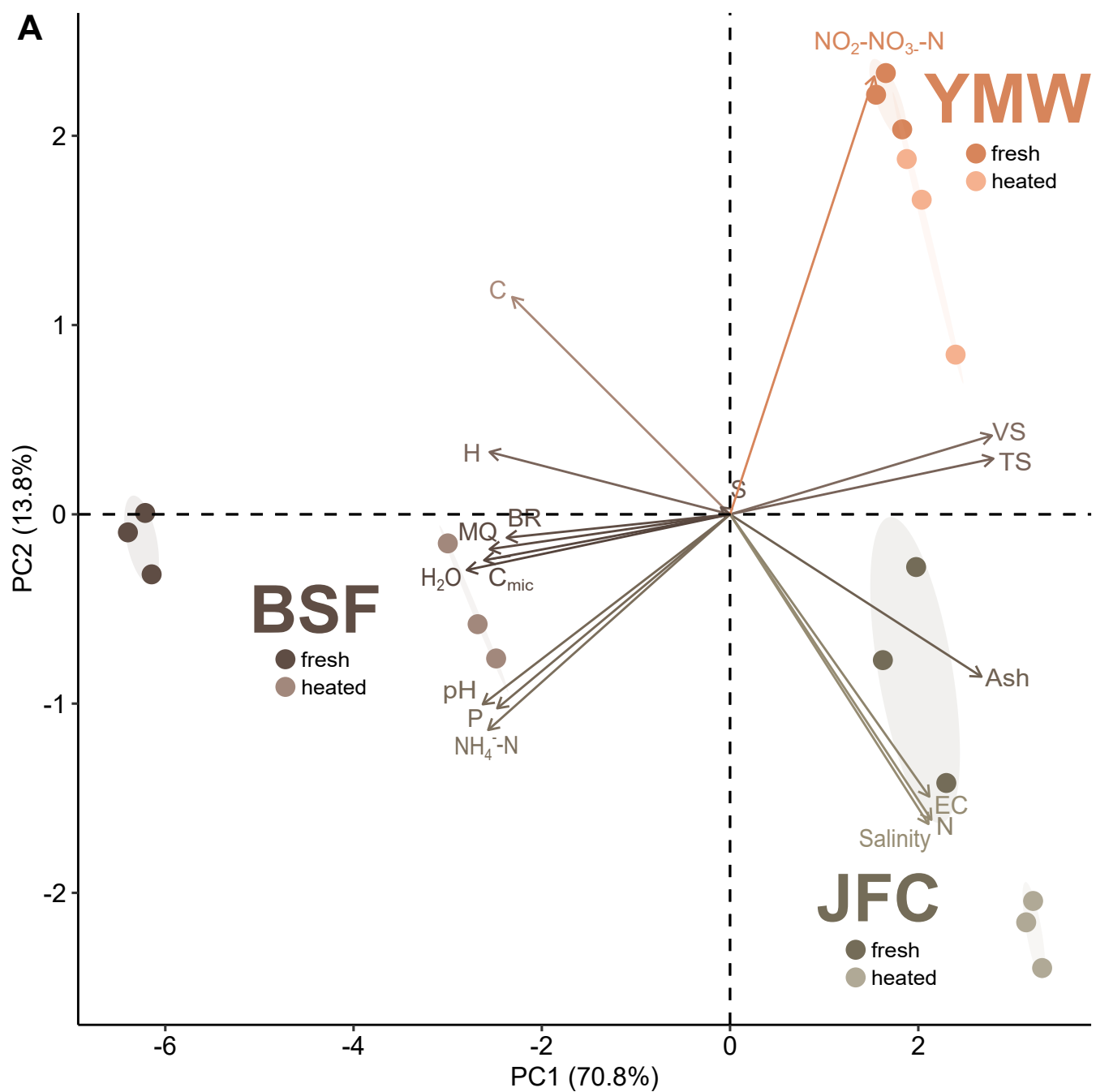


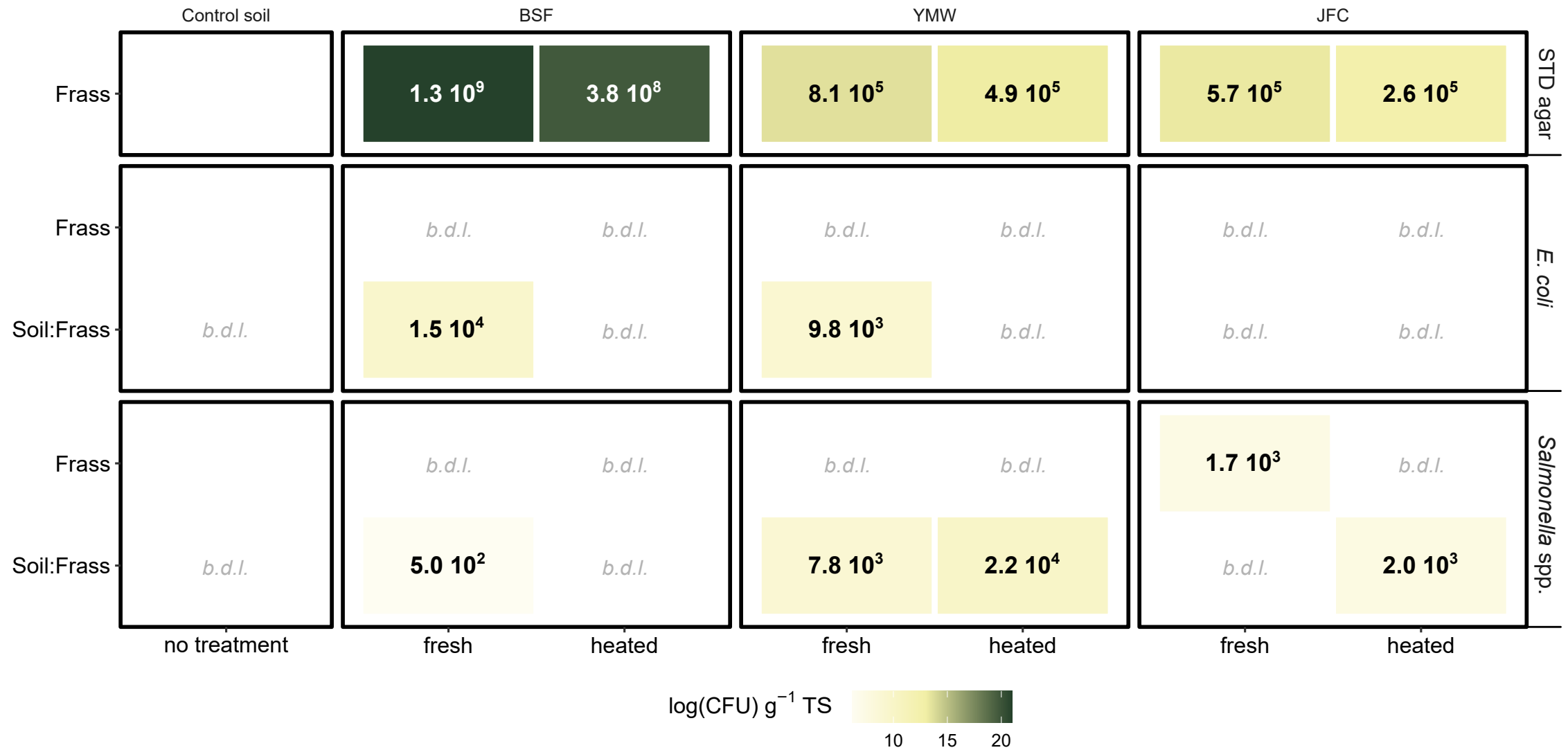
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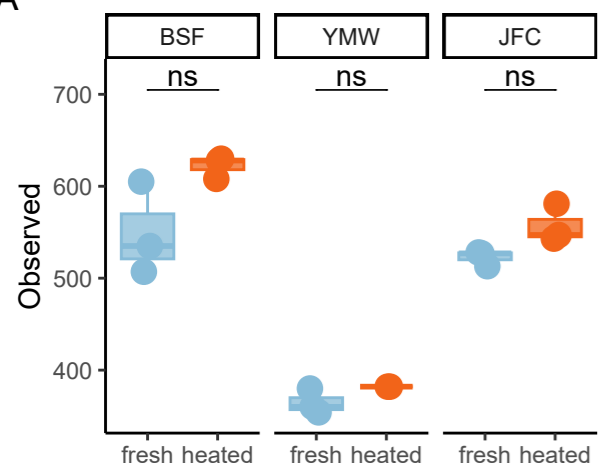
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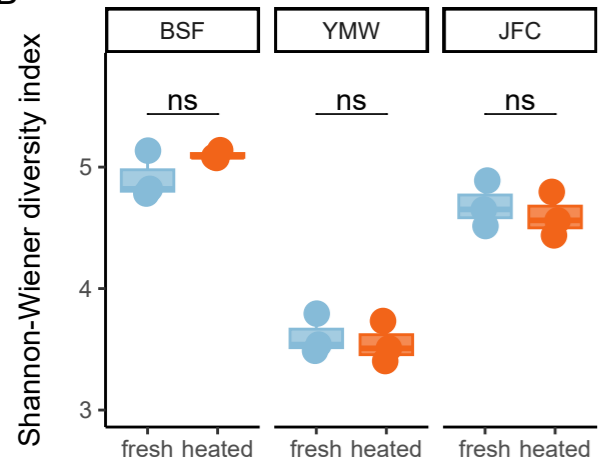




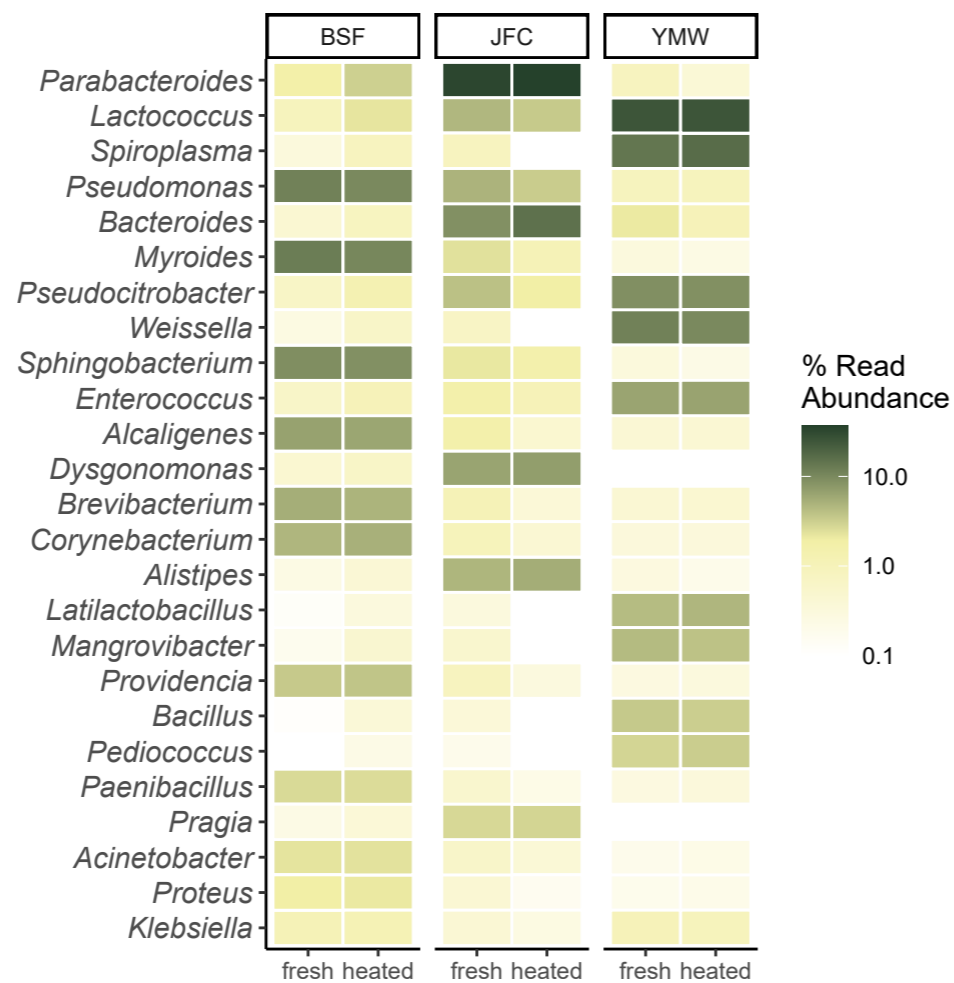
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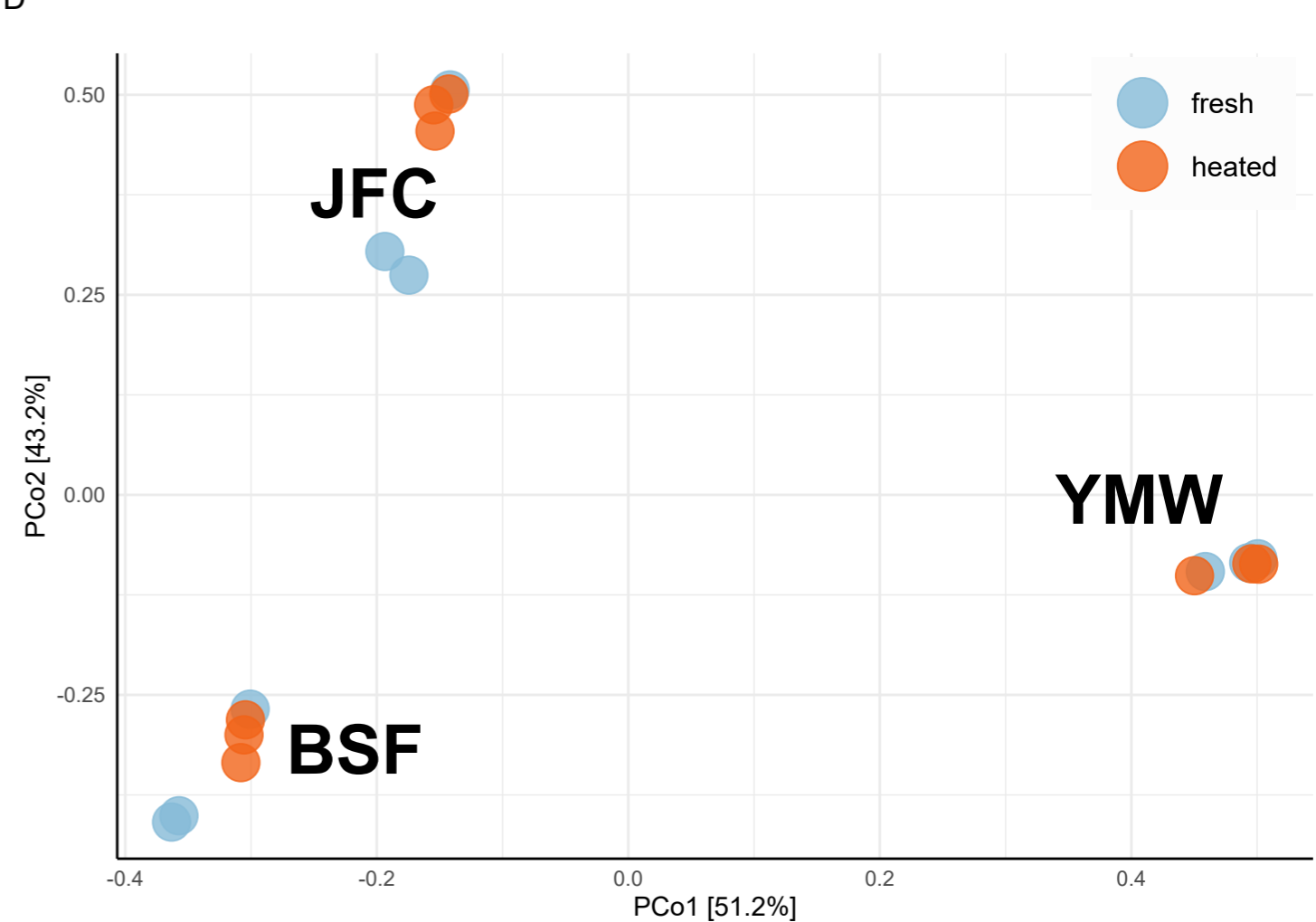
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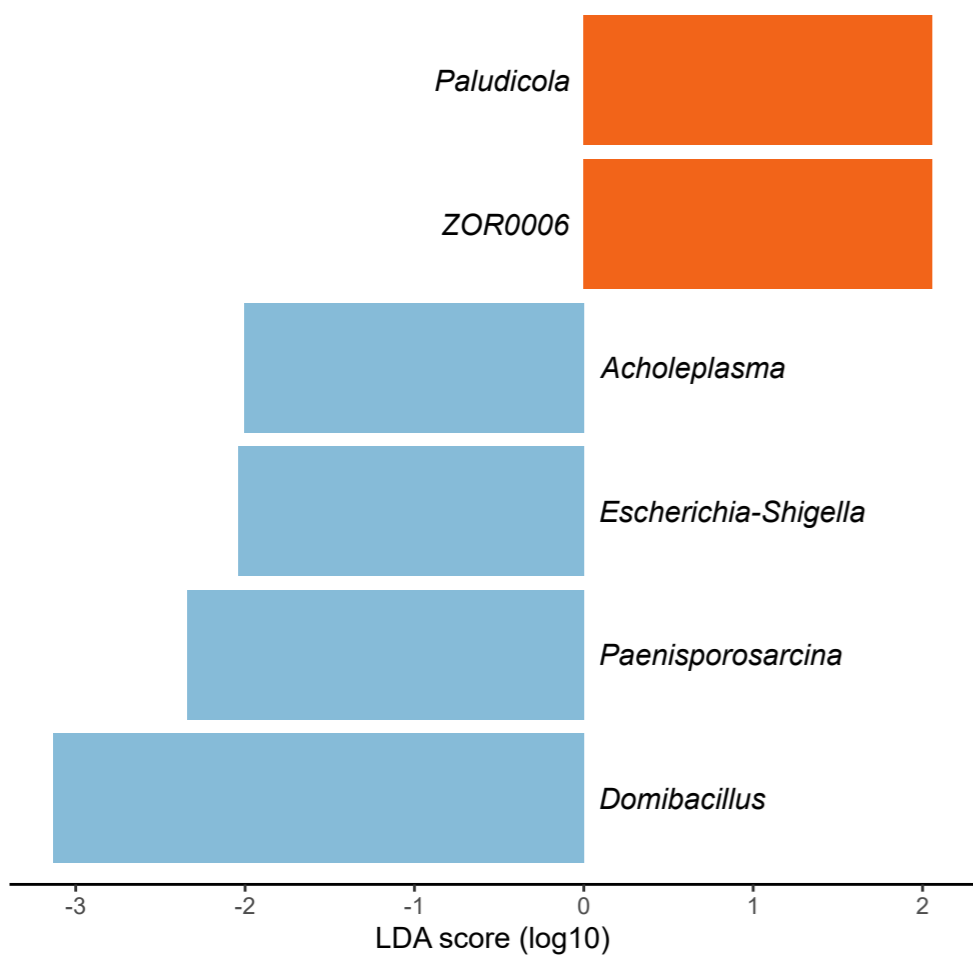
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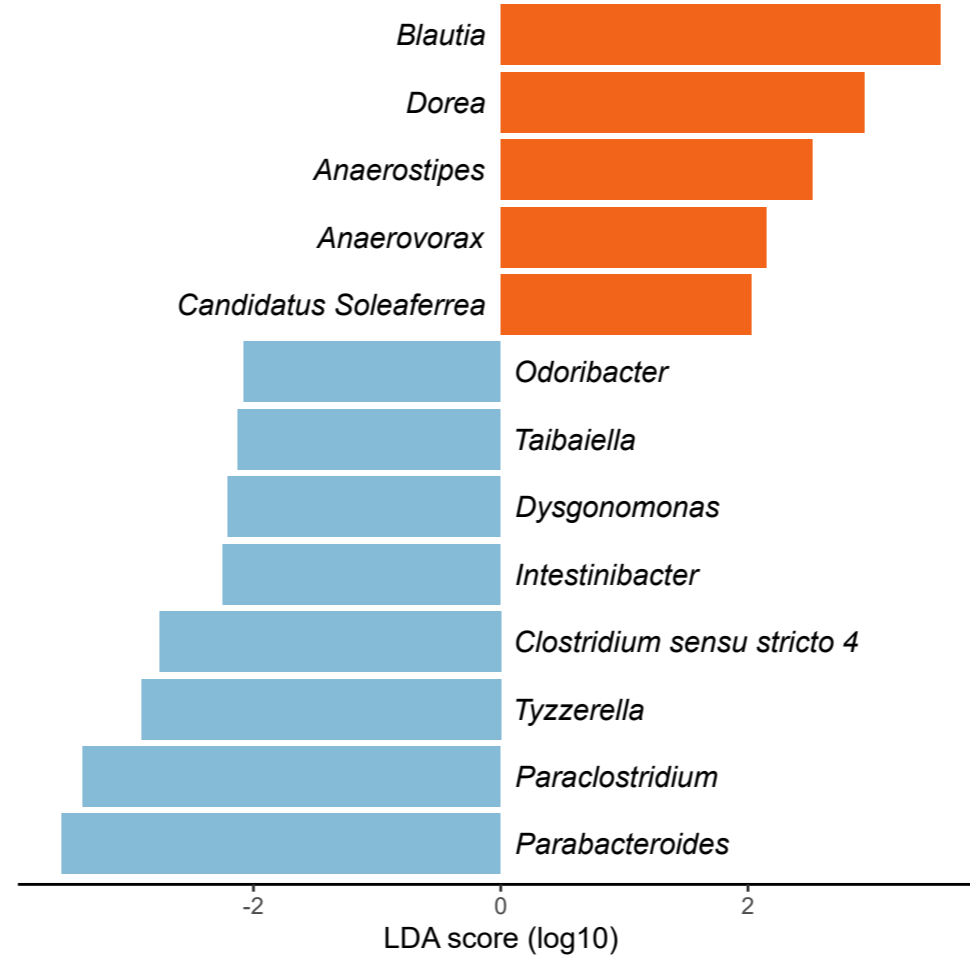
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